

# WHEN TO KEEP YOUR CHILD HOME FROM SCHOOL

TO HELP REDUCE THE SPREAD OF ILLNESS, PLEASE MONITOR YOUR CHILD FOR SYMPTOMS AND USE THE GUIDELINES TO MAKE THE BEST DECISION FOR YOUR CHILD.



## FEVER: 100°F+

Return to LMASD: The child has been fever-free for 24 hours without the use of fever-reducing medication (Tylenol, ibuprofen, etc.).



## SORE THROAT

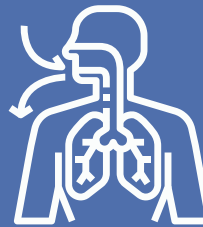
SOMETIMES ACCOMPANIED BY STOMACH ACHE, HEADACHE, OR FEVER. SYMPTOMS MAY BE ASSOCIATED WITH STREP THROAT.

Return to LMASD: The child's sore throat is only minor (viral illnesses usually begin to resolve within 7 days).



## VOMITING OR DIARRHEA

Return to LMASD: The child has not vomited and is diarrhea-free for 24 hours without the use of medication, and appetite has returned.



## RESPIRATORY ILLNESS

IF YOUR CHILD HAS A POSITIVE INFLUENZA, RSV, OR COVID-19 TEST, PLEASE CONTACT YOUR HEALTHCARE PROVIDER FOR GUIDANCE.

Return to LMASD: The child's healthcare provider may provide the school with a written note for return-to-school information.

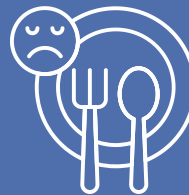


## COUGH/CONGESTION

Return to LMASD: The child's cough is not frequent and manageable; no mucus-producing cough.

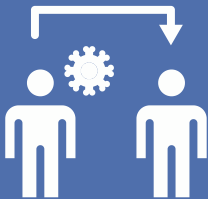
## YOUR CHILD IS TOO SICK TO GO OUTSIDE FOR RECESS

Return to LMASD: The child's activity level is back to normal and their appetite has returned.



## CONTAGIOUS ILLNESS

Return to LMASD: The child has been on antibiotics for 24 hours and has not had a fever (100°F+) in the past 24 hours without the use of fever-reducing medication.



## RASH

Return to LMASD: The child has been fever-free for 24 hours without the use of fever-reducing medication (Tylenol, ibuprofen, etc.). The rash has been diagnosed and healthcare provider states it was not caused by a contagious illness.



## THERE IS A RISK OF OTHERS BECOMING EXPOSED TO YOUR CHILD'S ILLNESS

Return to LMASD: The child no longer feels ill.

If your child misses school due to a medical appointment or illness, submit a physician's note to the school office to have your child's absence medically verified for their attendance. Physicians are welcome to fax forms directly to the child's school.

Medication Administered at School: Board Policy 5330 requires proper consent forms to be submitted by both the student's health care provider (for prescriptions) and parent/guardian (for both prescription and over-the-counter medications) in order for the medication to be administered at school. Consent forms are available at school and on the District website.



Lake Mills Area  
SCHOOL DISTRICT

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